

Marital Arts *The Kung Fu of Relationships.*

I am Michael Meloni, The founder of Marital Arts.

Marriage can be difficult. We typically receive very little if any training in how to deal with the differences in the way men and women think, emote, communicate, approach sex, and engage in marital relationships. The differences are so profound that over 42% of marriages struggle and then end in divorce. Amongst those marriages that do not end in divorce most end up nothing more than a convenient business relationship. Fortunately, with some work and experiential training, couples can have a lasting, rewarding, and joyful marriage. That is extraordinary.

In the **Marital Arts Program**[®] a couple masters the skills, or Kung Fu necessary to create an extraordinary marriage. This is not marriage counselling; this is something else much more effective.

The **Marital Arts Program**[®] consists of four components. Component number One is the **Marital Arts Workbook**[®]. The **Workbook**[®] contains experiential training exercises to learn the skills necessary to achieve an extraordinary marriage.

Component Number Two is the **Marital Arts Weekly Support Group**[®]. In the **Weekly Support Group**[®] couples execute the steps of the **Workbook**[®] together in a group setting with a facilitator. For example,

Participants[®] master the **Marital Arts Centering**[®] process. In the **Centering**[®] process **Participants**[®] learn to slow down and manage the cacophony of negative thoughts which drown their attempts engage effectively in their marriage.

Component Number Three is the **Marital Arts Couples Reconnect Weekend Retreat**[®]. During this romantic mountain retreat a new **Working Paradigm for Marriage**[®] is taught and integrated through a series of **Experiential Processes**[®].

The couple discovers present non-working communication patterns, resets the past, makes new commitments to their marriage and learns new ways to experience intimacy.

Component Number Four is the **Illumination Weekend Retreat**[®]. During this **Retreat**[®], each individual engages in the **Roadmap and Travel Log Process**[®] where we document a timeline of the traumas each **Participant**[®] has experienced since birth. Next, in the **Illumination Process**[®] each **Participant**[®] is regressed into the **Core Incident**[®] which was identified in the **Roadmap and Travel Log Process**[®] and that script which was created at an early age is reprogrammed. It is these automated scripts created during childhood traumas which reach up from our subconscious and mess up our marital relationships. Finally, at the end of the

Illumination Weekend Retreat[®] the **Participants**[®] experience the **Anchoring Process**[®] where the husband and wife each create a new script to replace their old scripts and anchor these in by creating a vision board. Optional Component Number Five is the **Marital Arts Coaching Program**[®]. In the **Marital Arts Coaching Program**[®], the couple experiences a set of bi-weekly one on one processes utilizing **Deep Energetic**[®] and **Somatic Illumination**[®] sessions to **Accelerate**[®] the **Working Paradigm for Marriage**[®].

An extraordinary marriage is one of the keys to a happy life. If you look at your lives objectively, you invest a lot of time, energy and money in activities and material goods which do not contribute to empowering your marriage. We receive almost no formal marriage training in our lives.

We invite you to divert some of that time, energy and money to engage with **Marital Arts**[®], and create for yourselves an extraordinary marriage. But before you fully engage, we invite you, as our guest, to investigate the **Marital Arts Workbook**[®] and attend a **Marital Arts Weekly Support Group**[®] to see if the **Marital Arts Program**[®] resonates with your desire to create an extraordinary marriage. You can

register here on the website to receive the **Marital Arts Workbook**[®] and attend a **Marital Arts Weekly Support Group**[®] or you can call, text or email us for more information.

The next video gives more detail on each of the Four Components of the **Marital Arts Program**[®]. Marital Arts *The Kung Fu of Relationships.*

Martial Arts

1. Workbook
2. Weekly Support Group
3. Couples Reconnect Retreat
4. Illumination Retreat

