

Female: Marital Arts *The Kung Fu of Relationships.*

Male:

I am Michael Meloni, The founder of Marital Arts. In this video we will first tell our stories and then articulate how the **Marital Arts Program**[®] works and the components of the program.

After 20 years of marriage and several attempts at marriage counselling, my marriage failed and I realized that in the thousands of hours of education that I had been privileged to attend, there was virtually no training on marriage. How could something so important in our lives be left to chance? Heartbroken, I watched my 9-year-old cry as I moved out of the house. Not wanting to have any child ever experience the pain of having his parents' divorce, I committed to finding a training program which could prevent another painful divorce. I read at least two dozen books on Marriage, relationships and the human mind. I attended marriage counseling. I engaged psychiatrists to resolve the Hypomania which interfered with my ability to connect safely for a woman. I engaged psychologists to address my narcissism. I attended dozens of weekend marriage and relationships seminars and began to become an expert in the methodologies of marriage, mind and body transformation. During this self-improvement effort, I

found many valuable individual pieces of knowledge and healing, but no Effective and Complete program or system to heal me and to guide me to be able to create an extraordinary Marriage.

Female: Hello! I am Charlotte Meloni cofounder of Marital Arts. I was born into a Christian home and was given training for a future marriage and family from an early age as well as marriage education classes at BYU and lessons every Sunday at church. Preparing for a celestial marriage and family was central to my growth and learning. However, all this training did not prepare me for a Bipolar diagnosis at age 18, three to five medications to stabilize me to survive, the inability to have children due to the illness I suffered, and a sting of divorces in my wake. Desperate to heal and find peace, I went to every holistic, alternative medicine, energy healing, psychiatrists, psychologists, hypnotherapy, personal empowerment courses and workshops, a year-long training and healing for a successful life, and more. Nothing could touch my deep childhood traumas nor the splits I uncovered in my attempts to heal. All my gifts and talents, training, learning, and growth had me spinning in circles with no hope of escape to become a whole person, let alone achieving a beautiful,

adventurous, loving, intimate, successful marriage of partnership, peace, and joy. I watched others have successful marriages and longed for one myself. With my lifelong training in relationships, I needed some serious Ju Jitsu, some martial art that would give me skills and provide the secrets I had been looking for. I accepted the fact that I would be alone in my brokenness, facing the walls of my traumas and locked in a body with a brain that could not become one. I had just given up and accepted my fate when I met Michael Meloni. He was the first person who was committed to creating a whole human being, a new paradigm of healing for individuals and marriages using experiential processes, mindfulness, accelerated and universally effective healing for everyone regardless of religion, culture, race, or sex. He addresses deep childhood traumas that had kept one stuck until now, and recreates a pathway for healing and steppingstones to confidently walk into becoming a whole human being without brokenness. From that place, he teaches powerful relationship skills to create the life you want and a marriage that others will envy and can only dream of. They will be left asking, “How did you do it? How did you get so lucky?” The secret is not luck. It is achievable and available to anyone who is willing to do the work, heal, and commit to a partnership, a

beautiful, loving, intimate, successful marriage with peace and joy.

which is **Accelerated, Universally Effective**[®] and complete.

Male: I continued to learn and grow and become a Marital Arts expert. Every book, every weekend retreat, gave me another piece of skill and increased my mastery of the Kung Fu of Relationships... but after 10 years of study and practice, I realized that no organization was providing what I and so many others desperately needed. I made the commitment to create an organization to create and deliver an **Accelerated** marriage training program which is **Universally Effective**[®] and complete.

Female: The **Marital Arts Program**[®] is **Accelerated, Universally Effective**[®] and complete.

The **Marital Arts Program**[®] IS the Kung Fu of Marital Relationships. As with any Effective and Complete Martial arts program, there are a series of belts or components which are experienced and integrated to become a skilled practitioner.

Male: The **Marital Arts Program**[®] is a complete system of **Universally Effective**[®], **Experiential**[®] skills crafted to prepare and guide couples to create an extraordinary marriage at an **Accelerated** pace.

Female: At the core of the **Marital Arts Program**[®] is the **Working Paradigm for Marriage**[®]. **The Working**

Paradigm for Marriage[®] is a new paradigm or way of experiencing marriage and is the theme of each component of the Kung Fu of Relationships.

Male: The **Marital Arts Program**[®] consists of four components.

Component number One is the **Workbook**[®]:

The **Workbook**[®] contains a system of steps where the **Participant**[®] learns to study, experience, capture and integrate the **Working Paradigm for Marriage**[®] a new paradigm of **Accelerated**[®] **Consciousness**[®].

Each chapter of the **Workbook**[®] leads the **Participant**[®] through a series of **Experiential**[®] processes to create **Enlightened**[®], **Empowered**[®] and **Conscious**[®] Individual marital partners capable of creating an extraordinary marriage. The **Workbook**[®] is stored securely in the cloud so that the work is not lost and can be accessed by Staff during key processes.

Female: Component Number Two or yellow belt, is the **Marital Arts Weekly Support Group**[®]:

In the **Weekly Support Group**[®] Participants engage in **Experiential**[®] processes to work through the steps in the **Workbook**[®]. **Participants**[®] begin to master the **Marital Arts**[®] **Centering**[®] process to immediately shift from an unconscious to a **Conscious**[®] state of being. This enables the couple to communicate effectively and without conflict. Next, the **Participant**[®] will begin

to illuminate their individual and their marital **Non-Working Behaviors**[®]. The couple will begin to identify their **Mission and Purpose**[®] and make new, healthy commitments. The Couple will integrate and anchor each step in the **Workbook**[®] to create for themselves a **Working Paradigm for Marriage**[®].

Male: Component Number Three the red belt is the **Marital Arts Weekend Retreat**[®]:

This polished, romantic, experiential weekend retreat conducted in the mountains ACCELERATES the transformation of your marriage. Through a series of **Experiential Processes**[®],

couples learn and experience a new **Working Paradigm for Marriage**[®] which includes how Men and Women process life differently; and how to use this knowledge to support and love each other.

Couples master the **Marital Arts**[®] **Reset**[®] process. In this process the wife experiences a reset of safety and the husband experiences a reset of respect, cornerstones of a healthy marriage.

Couples master new communication techniques through experiential learning.

Couples master and engage in new intimacy methods.

Couples make new commitments to each other and to their marriage.

Female: Component Number Four is the **Illumination Weekend Retreat**[®].

The **Illumination Weekend Retreat**[®] is also conducted in the mountains and ACCELERATES the transformation of the husband and of the wife individually through a series of **Experiential Processes**[®]. First, **Participants**[®] master the **Marital Arts Centering**[®] process. In the **Centering**[®] process **Participants**[®] learn to slow down and manage the cacophony of negative thoughts which drown their attempts at enlightened consciousness.

I was sexually abused at 3 years old and again ritually satanically abused from 6 to 7 years old. You can believe I had a lot of negative thoughts filling my head. The **Marital Arts Centering**[®] process was the first experience I had that I might be able to control those thoughts! My survival mechanism was to emasculate any masculine male who tried to get close to me. Not a good strategy for finding an Eternal Partner. But I did not know that this **Non-Working Behavior Pattern**[®] even existed. During the **Roadmap and Travel Log Process**[®] in the **Illumination Weekend Retreat**[®] I was able to identify this core relationship disabling **Non-Working Behavior Pattern**[®] and in the Reframe process, create a new script and change my behaviors. Because of the carefully developed protocols of the **Roadmap**

and **Travel Log Process**® I could safely **Illuminate** my pre-programmed, **Non-Working Behavior Patterns**® and the exact **Core Incidents**® in my childhood where the **Old Messages**® were formed. My **Old Message**® was “*Disable that man before he can kill me.*” Next, the **Illumination Process**® helped me to **Reframe**® the **Old Messages**® underlying the **Non-Working Behavior Patterns** and step powerfully into consciousness. My Reframe was “*Even when you are a man, I will open my heart and love you.*”

Male: I was so excited by her new Reframe “*Even when you are a man, I will open my heart and love you.*” I am much more empowered by this new script....and you can imagine how this opened up the space for us to have a mindful, connected, intimate, productive relationship.

Finally, at the end of the **Illumination Weekend Retreat**® the **Participants**® experience the **Anchoring Process**® which leads to permanent behavioral change. The Law of Manifestation system Vision board behind me is an example of that **Anchoring Process**®

Female: Optional Component Number Five is the **Marital Arts Coaching Program**®:

The **Coaching Program**® is a set of bi-weekly one on one sessions utilizing **Deep Energetic**® and **Somatic**

Illumination[®] to **Accelerate**[®] the implementation of the **Workbook**[®] to create for the couple the **Working Paradigm for Marriage**[®].

Where Michael leads and trains the Facilitators for the weekend retreats, I lead our Coaching Staff. The couple should expect this **Accelerated**[®] program to run for a year.

Male: The **Marital Arts Program**[®] is **Economically Available**[®] to all humans. No matter what level you choose to engage with, there are no economic barriers to your participation. You can participate in one of 4 paces:

If you are impoverished, participate in Pace One and become a **Volunteer Staff Member**[®]. Ask any **Marital Arts** staff member how to apply to be a **Volunteer Staff Member**[®]. This is a great way to work your way through the programs while contributing in service to the Transformation of the planet!! For many of you, this will lead to a rewarding career change as you join our organization as paid staff.

Female: If you have limited resources, participate in Pace Two and obtain the **Marital Arts Workbook**[®] and attend the **Marital Arts Weekly Support Group**[®].

Male: If you have some resources, obtain the **Marital Arts Workbook**[®], attend the **Marital Arts Weekly**

Support Group[®], attend the **Illumination Weekend Retreat**[®].

Female: If you have ample resources, obtain the **Marital Arts Workbook**[®], attend the **Marital Arts Weekly Support Group**[®], attend the **Illumination Weekend Retreat**[®] and engage in the **Marital Arts Coaching Program**[®]. This will give you an extraordinary level of skilled support and ensure a smoother, more **Accelerated**[®] transformation of your marriage.

Male: We also offer two-week getaways to our Sailboat in the South Pacific where you can relax in isolation and polish your Relationship Kung Fu in close daily proximity to two master facilitators and coaches.

Male: If you look at your **Marriage** objectively, you invest a lot of time, energy and economic resources in activities and material goods which do not empower your **Marriage**.

We invite you to divert some of that time, energy and money to engage with **Marital Arts**[®], and create for yourselves an extraordinary marriage.

We invite you to investigate the **Marital Arts Workbook**[®] and attend a **Marital Arts Weekly Support Group**[®] to see if the **Marital Arts Program**[®] resonates with your desire to create an extraordinary marriage before

you fully engage. You can register here on the website or call, text or email us for more information.

Female: I know that this was a lot of information. I recommend that you watch this video a few times and then take action. Remember action cures fear. It won't cost you anything and you might just learn a move or two.

Male: Marital Arts *The Kung Fu of Relationships.*